

Septembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
31	1 Yoga Sénior Privé 9h-10h15 La Colle sur Loup	2	3	4	5	6
7	8 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	9	10	11 Cercle de chant des habitués NEW MOON La Colle sur Loup / 18h45-20h / 10€	12	13
14	15 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	16	17	18	19 Yoga + Kirtan - Portes Ouvertes - PREM YOGA Nice 8 Rue Rossini / 16h30 / Donation	20 DJ Nagual x jUni x Alexandra Cacao Breathwork Chants Danse Ecstatic Equinox Saint-sur
21	22 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	23	24	25	26 ~ ∞. Retraite Privée . ∞ ~ La VAGUE À la Villa CAP ROUX	27
28	29 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	30	1	2	3	4

Octobre 2026

LUNDI		MARDI		MERCREDI		JEUDI		VENDREDI		SAMEDI		DIMANCHE	
28		29		30		1		2		3		4	
5		6		7		8		9		10		11	
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga		Yoga Sénior Privé 9h-10h15 La Colle sur Loup											
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga		HALO HEALING YOGA 19h15-19h55 / Valbonne											
		YOGA NIDRA 20h00-20h40 / Valbonne											
		BHAKTI YOGA -VOCAL 20h45-21h25 / Valbonne											
12		13		14		15		16		17		18	
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga		Yoga Sénior Privé 9h-10h15 La Colle sur Loup											
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga		HALO HEALING YOGA 19h15-19h55 / Valbonne											
		YOGA NIDRA 20h00-20h40 / Valbonne											
		BHAKTI YOGA -VOCAL 20h45-21h25 / Valbonne											
19		20		21		22		23		24		25	
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga		Yoga Sénior Privé 9h-10h15 La Colle sur Loup											
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga		HALO HEALING YOGA 19h15-19h55 / Valbonne											
		YOGA NIDRA 20h00-20h40 / Valbonne											
		BHAKTI YOGA -VOCAL 20h45-21h25 / Valbonne											
26		27		28		29		30		31		1	
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga		Yoga Sénior Privé 9h-10h15 La Colle sur Loup											
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga		HALO HEALING YOGA 19h15-19h55 / Valbonne											
		YOGA NIDRA 20h00-20h40 / Valbonne											
		BHAKTI YOGA -VOCAL 20h45-21h25 / Valbonne											

Questions & inscriptions au : 07 52 06 52 03 / www.junigrip.com

Novembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
						1
2	3 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	4	5	6	7	8
9	10 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	11 18h30-19h15	12	13	14	Concert -soin avec j'Uni ÉCOLOGIE, MYTHOLOGIES EUROPÉENNES & RELATIONS UN VOYAGE SONORE & SENSORIEL 
16	17 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	18 18h	19	20	21	22
23	24 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	25	26	27	28	29
30 HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	1	2	3	4	5	6

Décembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
31	1	2	3	4	5	6
7	8 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne	9	10	11	12	13
	HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga					
	HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga					
14	15 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne	16	17	18	19 Save the date ● RITUEL SOLSTICE ● à venir	20
	HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga					
	HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga					
21	22 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne	23	24	25	26	27
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	HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga					
28	29	30	31	2	3	4
			Save the date 🌙 FIESTA NOUVEL AN 🌙 à venir			