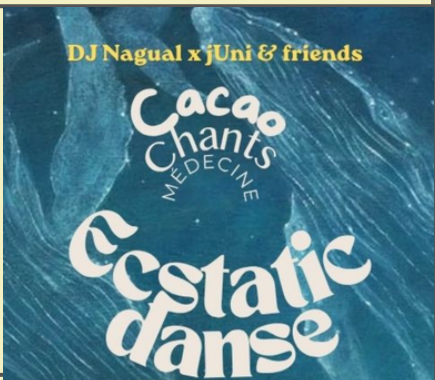


Octobre 2026

LUNDI			MARDI			MERCREDI			JEUDI			VENDREDI			SAMEDI			DIMANCHE		
28			29			30			1			2			3			4		
															Cérémonie Privée Blessing Way @ 17 h Saint-Jeannet					
5	Somatic Yoga 9h-10h15 / Saint-Jeannet		6	Yoga Sénior Privé 9h-10h15 La Colle sur Loup		7			8	Healing Yoga Privé 9h - 10h30 Vence		9			10			11		
	Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup			Somatic Yoga 19h15-19h55 / Valbonne						Somatic Yoga 18h30 à 19h45 / Saint-Jeannet										
	HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga			Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne																
	HEALING SOUL & VOICE 19h40-20h40 / Nice Prem Yoga			Swaras & Chant Mantra 20h35-21h15 / Valbonne																
12	Somatic Yoga 9h-10h15 / Saint-Jeannet		13	Yoga Sénior Privé 9h-10h15 La Colle sur Loup		14			15			16			17			18		
	Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup			Somatic Yoga 19h15-19h55 / Valbonne						Somatic Yoga 18h30 à 19h45 / Saint-Jeannet										
	Somatic Hatha Yoga 18h45-20h / Prem Yoga à Nice			Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne																
				Swaras & Chant Mantra 20h35-21h15 / Valbonne																
19	Somatic Yoga 9h-10h15 / Saint-Jeannet		20	Yoga Sénior Privé 9h-10h15 La Colle sur Loup		21			22			23			24			25		
	Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup			Somatic Yoga 19h15-19h55 / Valbonne						Somatic Yoga 18h30 à 19h45 / Saint-Jeannet										
	Somatic Hatha Yoga 18h45-20h / Prem Yoga à Nice			Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne																
				Swaras & Chant Mantra 20h35-21h15 / Valbonne																
26	Somatic Yoga 9h-10h15 / Saint-Jeannet		27	Yoga Sénior Privé 9h-10h15 La Colle sur Loup		28			29			30			31			1		
	Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup			Somatic Yoga 19h15-19h55 / Valbonne						Somatic Yoga 18h30 à 19h45 / Saint-Jeannet										
	Somatic Hatha Yoga 18h45-20h / Prem Yoga à Nice			Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne																
				Swaras & Chant Mantra 20h35-21h15 / Valbonne																
															Cercle de chant et rituel SAMHAIN La Colle sur Loup / 18h-22h / 25€					

Questions & inscriptions au : 07 52 06 52 03 / www.junigrip.com

Novembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
						1
2 Somatic Yoga 9h-10h15 / Saint-Jeannet Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga HEALING SOUL & VOICE 19h40-20h40 / Nice Prem Yoga	3 Yoga Sénior Privé 9h-10h15 La Colle sur Loup Somatic Yoga 19h15-19h55 / Valbonne Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne Swaras & Chant Mantra 20h35-21h15 / Valbonne	4	5 Somatic Yoga 18h30 à 19h45 / Saint-Jeannet	6	7	8
9 Somatic Yoga 9h-10h15 / Saint-Jeannet Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga HEALING SOUL & VOICE 19h40-20h40 / Nice Prem Yoga	10 Yoga Sénior Privé 9h-10h15 La Colle sur Loup Somatic Yoga 19h15-19h55 / Valbonne Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne Swaras & Chant Mantra 20h35-21h15 / Valbonne	11 18h30-19h15	12 Somatic Yoga 18h30 à 19h45 / Saint-Jeannet	13	14	
16 Somatic Yoga 9h-10h15 / Saint-Jeannet Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga HEALING SOUL & VOICE 19h40-20h40 / Nice Prem Yoga	17 Yoga Sénior Privé 9h-10h15 La Colle sur Loup Somatic Yoga 19h15-19h55 / Valbonne Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne Swaras & Chant Mantra 20h35-21h15 / Valbonne	18	19 Somatic Yoga 18h30 à 19h45 / Saint-Jeannet	20	21	
23 Somatic Yoga 9h-10h15 / Saint-Jeannet Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga HEALING SOUL & VOICE 19h40-20h40 / Nice Prem Yoga	24 Yoga Sénior Privé 9h-10h15 La Colle sur Loup Somatic Yoga 19h15-19h55 / Valbonne Yoga Nidra / Relax guidée 19h55-20h35 / Valbonne Swaras & Chant Mantra 20h35-21h15 / Valbonne	25	26 Somatic Yoga 18h30 à 19h45 / Saint-Jeannet	27	28	
30 Somatic Yoga 9h-10h15 / Saint-Jeannet Créativ'Renfo + Sophro 11h15-12h15 / La Colle s Loup HEALING BODY YOGA 18h30-19h30 / Nice Prem Yoga	1	2	3	4	5	6

Décembre 2026

LUNDI			MARDI		MERCREDI		JEUDI		VENDREDI		SAMEDI		DIMANCHE	
31			1		2		3		4		5		6	
7	HEALING YOGA BODY, SOUL & VOICE <i>9h-10h15 / Saint-Jeannet</i>		8		9	10		11	12	13				
	HEALING BODY YOGA <i>18h30-19h30 / Nice Prem Yoga</i>		Yoga Sénior Privé 9h-10h15 La Colle sur Loup HHEALING BODY Yoga <i>19h15-19h55 / Valbonne</i>			Somatic Yoga <i>18h30 à 19h45 / Saint-Jeannet</i>								
	HEALING SOUL & VOICE <i>19h40-20h40 / Nice Prem Yoga</i>		HEALING SOUL Nidra <i>19h55-20h35 / Valbonne</i>			HEALING VOICE Bhakti <i>20h35-21h15 / Valbonne</i>								
14	HEALING YOGA BODY, SOUL & VOICE <i>9h-10h15 / Saint-Jeannet</i>		15		16	17		18	19	20				
	HEALING BODY YOGA <i>18h30-19h30 / Nice Prem Yoga</i>		Yoga Sénior Privé 9h-10h15 La Colle sur Loup HHEALING BODY Yoga <i>19h15-19h55 / Valbonne</i>			Somatic Yoga <i>18h30 à 19h45 / Saint-Jeannet</i>								
	HEALING SOUL & VOICE <i>19h40-20h40 / Nice Prem Yoga</i>		HEALING SOUL Nidra <i>19h55-20h35 / Valbonne</i>			HEALING VOICE Bhakti <i>20h35-21h15 / Valbonne</i>								
21	HEALING YOGA BODY, SOUL & VOICE <i>9h-10h15 / Saint-Jeannet</i>		22		23	24		25	26	27				
	HEALING BODY YOGA <i>18h30-19h30 / Nice Prem Yoga</i>		Yoga Sénior Privé 9h-10h15 La Colle sur Loup HHEALING BODY Yoga <i>19h15-19h55 / Valbonne</i>											
	HEALING SOUL & VOICE <i>19h40-20h40 / Nice Prem Yoga</i>		HEALING SOUL Nidra <i>19h55-20h35 / Valbonne</i>			HEALING VOICE Bhakti <i>20h35-21h15 / Valbonne</i>								
28	HEALING YOGA BODY, SOUL & VOICE <i>9h-10h15 / Saint-Jeannet</i>		29		30	31		2	3	4				
	HEALING BODY YOGA <i>18h30-19h30 / Nice Prem Yoga</i>		HHEALING BODY Yoga <i>19h15-19h55 / Valbonne</i>											
	HEALING SOUL & VOICE <i>19h40-20h40 / Nice Prem Yoga</i>		HEALING SOUL Nidra <i>19h55-20h35 / Valbonne</i>			HEALING VOICE Bhakti <i>20h35-21h15 / Valbonne</i>								
						Save the date FIESTA NOUVEL AN à venir								

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