

Septembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE	
31	1 Yoga Sénior Privé 9h-10h15 La Colle sur Loup	2	3	4	5	6	
7	8 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	9	10	11 Cercle de chant des habitués NEW MOON La Colle sur Loup / 18h45-20h / 10€	12	13	
14	15 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	16	17	18	19 Yoga + Kirtan - Portes Ouvertes - PREM YOGA Nice 8 Rue Rossini / 16h30 / Donation	20 DJ Nagual x jUni x Alexandra Cacao BREATHWORK Chants Danse Equinox Saint-sur	
21	22 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	23	24	25	26 ~ ∞. Retraite Privée . ∞ ~ La VAGUE À la Villa CAP ROUX		27
28	29 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	30	1	2	3	4	

Questions & inscriptions au : 07 52 06 52 03 / www.junigrip.com

Octobre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE	
28	29	30	1	2	3	4	
5	6	7	8	9	10	11	
	Yoga Sénior Privé 9h-10h15 La Colle sur Loup						
	HALO HEALING YOGA 19h15-19h55 / Valbonne						
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga	YOGA NIDRA 19h55-20h35 / Valbonne						
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	BHAKTI YOGA -VOCAL 20h35-21h15 / Valbonne						
12	13	14	15	16	17	18	
	Yoga Sénior Privé 9h-10h15 La Colle sur Loup						
	HALO HEALING YOGA 19h15-19h55 / Valbonne						
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga	YOGA NIDRA 19h55-20h35 / Valbonne						
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	BHAKTI YOGA -VOCAL 20h35-21h15 / Valbonne						
19	20	21	22	23	24	25	
	Yoga Sénior Privé 9h-10h15 La Colle sur Loup						
	HALO HEALING YOGA 19h15-19h55 / Valbonne						
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga	YOGA NIDRA 19h55-20h35 / Valbonne						
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	BHAKTI YOGA -VOCAL 20h35-21h15 / Valbonne						
26	27	28	29	30	31	1	
	Yoga Sénior Privé 9h-10h15 La Colle sur Loup						
	HALO HEALING YOGA 19h15-19h55 / Valbonne						
HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga	YOGA NIDRA 19h55-20h35 / Valbonne						
Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	BHAKTI YOGA -VOCAL 20h35-21h15 / Valbonne						

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Novembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
						1
2	3 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	4	5	6	7	8
9	10 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	11 18h30-19h15	12	13	14	Concert -soin avec j'Uni ÉCOLOGIE, MYTHOLOGIES EUROPÉENNES & RELATIONS UN VOYAGE SONORE & SENSORIEL 
16	17 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	18 18h	19	20	21	22
23	24 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	25	26	27	28	29
30 HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	1	2	3	4	5	6

Décembre 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
31	1	2	3	4	5	6
7	8 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	9	10	11	12	13
14	15 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	16	17	18	19 Save the date ● RITUEL SOLSTICE ● à venir	20
21	22 Yoga Sénior Privé 9h-10h15 La Colle sur Loup HALO HEALING YOGA 19h15-19h55 / Valbonne HALO HEALING YOGA 18h30-19h30 / Nice Prem Yoga Nidra + Yoga Vocal 19h40-20h40 / Nice Prem Yoga	23	24	25	26	27
28	29	30	31 Save the date 🌙 FIESTA NOUVEL AN 🌙 à venir	2	3	4